

**“National Congress
On
Physical Activity,
Fitness And
Health”**

11th – 12th March, 2011

REGISTRATION FORM

Name : _____

Profession / Designation : _____

Institution / College : _____

Address : _____

Registration fee : _____

E-mail : _____

Mobile / Tele No. : _____

Fees should be paid by an account payee Demand Draft
in favour of Registrar, University of Pune payable at Pune

DD No. _____ Date: _____

Signature of Delegate

Accommodation and Food :

Accommodation will be provided to the out station candidates subject to intimation by January 31st, 2011

Breakfast, Lunch, Snacks and Dinner will be provided to all the participants.

We expect your participation in the above mentioned conference to make this event a grand success. Kindly give this conference a huge publicity in your organization and to other professionals in the field. We are enclosing registration form, which could be photocopied and can be downloaded from the university.
website www.unipune.ac.in

Star attraction :

Felicitation of International level Indian sports persons along with a panel discussion in the last session.

Contact Person :

Mr. Vishnu Pethkar : 9881993903

Ms. Suman Pandey : 9860009902

Address for correspondence :

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University of Pune, Pune – 411007
Maharashtra, INDIA

Contact No. : 020 – 25601281 / 020 – 25690343

E-mail : dpe@unipune.ac.in

dpeadmin@unipune.ac.in



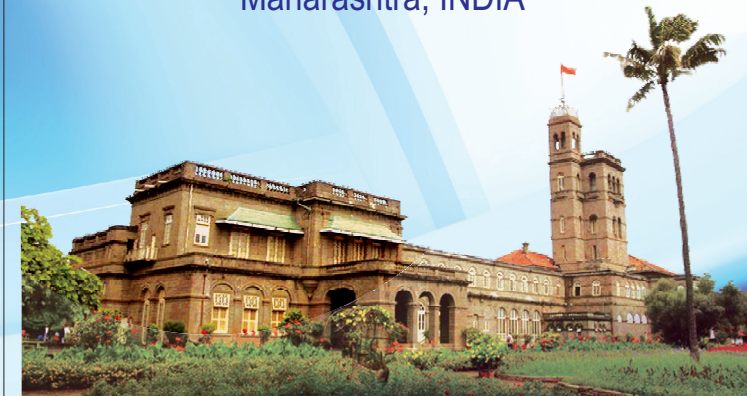
UNIVERSITY OF PUNE

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11th – 12th March, 2011



Department of Physical Education
University of Pune
Pune – 411007
Maharashtra, INDIA



Invitation to attend :

The National Congress on Physical Activity, Fitness and Health will be held on 11th – 12th March, 2011 at Department of Physical Education, University of Pune, Pune. The theme of the Congress would address “Integration of Physical Activity, Fitness and Health.”

A common goal for most people regardless of a person’s socio-economic status, ethnicity & culture is to live a healthy, enjoyable, peaceful & productive life.

A major challenge for many people of all ages is, building back into their otherwise sedentary lives, sufficient Physical Activity to promote good health. The challenge then is attempting to integrate a health oriented plan of Physical Activity into a technology dominated environment while constructing an activity friendly climate.

In a developing country like ours it is now an opportune time for an integrated approach where all the professionals from Physical Activity, Fitness, Health and the Policy makers converge and arrive at down to earth interventions and plans to build a healthier and fitter India.

Sub themes of the Congress :

- * History and current status of Physical Activity, Fitness and Health.
- * Sedentary behavior and Health.
- * Physical inactivity as a global risk factor for chronic diseases.
- * Promising practices in Physical Activity interventions.
- * Life span approaches to Physical Activity, Fitness and Health.
- * Health economics and Physical inactivity.
- * Physical activity and Fitness guidelines.

Pre Congress workshop :

With a view to enrich the knowledge and experience of the participants with the latest in Physical Activity and Fitness, we are also organizing one day pre-congress workshops on 10th March, 2011 on the following :

Pilates : Ms. Madhuri Ruia
(Certified Pilates trainer)

Swiss ball exercises : Ms. Himakshi
(Certified trainer)

Zumba : Ms. Smita Patil
(Certified trainer)

Call for the papers :

The organizing committee invites you to submit abstract and full paper for platform / video presentation and poster presentation. Each presenter would be allotted maximum 10 minutes for presentation and 02 minutes for discussion. All submitted papers would be reviewed for final selection and intimation will be given to the respective participants. It is expected that participants would follow the deadlines strictly.

Deadlines for submission :

- Registration & Abstract : 05.01.2011
- Full length paper : 30.01.2011

Format :

- Paper size A4
- Font type Arial
- Font Size 12
- Single spacing in MS-Word on CD and hard copy laser printed

The abstract should include following details :

- 1) Title
- 2) Author
- 3) Introduction
- 4) Sample
- 5) Methodology
- 6) Analysis of data
- 7) Finding and conclusions
- 8) References
- 9) Key words

Kindly note that the abstract should not be more than 200 words approx.

Abstract may also be sent through e-mail on dpe@unipune.ac.in / dpeadmin@unipune.ac.in

Registration fees :

- Faculty members and teachers : Rs. 1,000/-
- Students and Research scholars : Rs. 500/-
- On the spot registration will be charged : Rs. 200/- extra
- For Pre-congress workshop : Rs. 800/- per activity (Seats 25 per workshop)

The participants are requested to send the registration form duly filled in along with registration fee by Demand Draft in Favor of “The Registrar, University of Pune, Pune” payable at Pune